

The Saratoga County Long Term Care Services Directory, Fifth Edition, copyright 2013, the Saratoga County Office for the Aging. All rights reserved, including the right of reproduction in whole or in part in any form without the express written permission of the Saratoga County Office for the Aging.

The Saratoga County Long Term Care Services Directory is written, compiled and edited by the Saratoga County Office for the Aging.

All information herein is accurate as of October 2013. However, as changes in the agencies and services occur frequently, the reader is encouraged to directly contact the agencies or Saratoga County Office for the Aging @ 884-4100 for the most current information.

As every attempt was made to comprehensively cover services for disabled individuals and older adults in the Saratoga County area, *The Saratoga County Long Term Care Services Directory* apologizes for any oversights or omissions. If you know of a service or program that you feel would be appropriate for this guide, please provide as much information as possible on the enclosed evaluation form and mail or fax to us at 884-4104 or let us know by e-mail at aging@saratogacountyny.gov.



Saratoga County Office for the Aging
152 West High Street
Ballston Spa, NY 12020
884-4100

Sandra M. Cross
DIRECTOR

October 2013

To the users of this directory:

On behalf of the Saratoga County Office for the Aging, I am pleased to present the fifth edition of the Saratoga County Long Term Care Services Directory. The intent of this directory is to provide caregivers and consumers alike with a comprehensive listing of long term care services available to them within our county. An index has been included to make your search for services easier.

After reviewing the directory, please take a few minutes to complete the evaluation located on the back page. For us to continue to provide a comprehensive list of services in the most user-friendly format, we need to hear from you, the users of the directory. If you have any questions or concerns regarding the directory, please feel free to call us at 518-884-4100.

Sincerely,

Sandra M. Cross
Director

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SECTION 1: DIRECTORY OF SERVICES

ABUSE AND NEGLECT

Adult Abuse

Saratoga County Department of Social Services

**152 West High Street
Ballston Spa, NY 12020
884-4159**

Hours: 9:00 a.m. – 5:00 p.m. weekdays.
Adult Protective Unit offers services to mentally and/or physically impaired adults who are 18 years or older and in danger. Includes investigations, counseling, arranging for support systems, alternative living, medical care, legal services, receipt of entitlements, and coordination of services.

Long Term Care Ombudsman

Saratoga County Office for the Aging

**152 West High Street
Ballston Spa, NY 12020
884-4100**

Hours: 9:00 a.m.- 5:00 p.m. weekdays
This program trains and certifies volunteers to act as advocates for the residents of long term care facilities (including nursing homes and adult homes) in resolving complaints and securing their right to quality care. Call for more information including the opportunity to volunteer.

ADULT HOMES

An adult home (Level II) is an adult care facility established and operated to provide 24-hour long term residential care, room, board, housekeeping,

personal care, and supervision to five or more adults unrelated to the operator (the facilities listed herein vary greatly in size). Adult homes (Level I) offer no skilled nursing care. For a list of area homes with four or fewer beds, contact Saratoga County Dept. of Social Services, 884-4159.

Beacon Pointe Memory Care Community

**1 Emma Lane
Clifton Park, NY 12065
371-2200**

Cook Adult Home

**1 Prospect Street
Mechanicville, NY 12118
664-8014**

Home of the Good Shepherd

**390 Church Street
Saratoga Springs, NY 12866
584-3317**

Home of the Good Shepherd

**60 Waller Rd
Wilton NY 12831
580-0702**

Home of the Good Shepherd at Highpointe

**26 Rock Rose Way
Malta, NY 12020
581-2800**

ADVOCACY

Local Resources

In Our Own Voices
245 Lark Street
Albany, NY 12210
(518) 432-4188
www.inourownvoices.org

Pride Center of the Capital Region
332 Hudson Avenue
Albany, NY 12210
(518) 462-6138

National Resources

Gay, Lesbian and Straight Education Network
GLSEN National Headquarters
90 Broad St., 2nd Floor
New York, New York 10004
(212) 727-0135
www.glsen.org (youth)

Lambda Legal
National Headquarters
120 Wall St., 19th Floor
New York, New York 10005
(212) 809-8585
www.labdalegal.org

LGBT Aging Center
National Headquarters
National Resource Center on LGBT Aging c/o SAGE
305 7th Ave., 6th Floor
New York, New York 10001
www.lgbtagingcenter.org

Service and Advocacy for GLBT Elders
www.sageusa.org (older adults)
Same info as LGBT Aging Center

National Center for Transgender Equality
1325 Massachusetts Ave. NW, Ste. 700
Washington D.C. 20005
(202) 903-0112
www.transequality.org

STATE WIDE
New York State Wide Senior Action Council, Inc.
275 State Street
Albany, NY 12210
(518) 436-1006 Fax: (518) 436-7642
www.nysenior.org

BENEFITS

American Association for Retired Persons (AARP), Albany Chapter
1 Commerce Plaza, Suite 706
Albany, NY 12206
434-4194 (Legislative Office)

National Grid
300 Erie Blvd. West
Syracuse, NY 13202
Customer Service:
1-800-642-4272
Monday-Friday
7:00 a.m. -7:00 p.m.
Payment Arrangements:
1-800-443-1837
Monday-Friday
7:00 a.m.-9:00 p.m.
Saturday: 7:00 a.m.-5:00 p.m.
www.nationalgridus.com

National Grid provides opportunities such as: Budget Plan, Direct Pay Plan, Online Bill Pay, Extended Due Date, Third Party Notification, Large Print/Braille/Voice Bill, TDD-TYY Access, Language Line, Deferred agreement payment, Low Income Customer Assistance/Affordability.

**Saratoga County Department of
Social Services
SNAP(Formerly Food Stamps)**

**152 West High Street
Ballston Spa, NY 12020
884-4155 or 587-3030**

Hours: 9:00 a.m. - 5:00 p.m. weekdays
Issue a benefit card with a monthly
allotment for food purchase to those who
meet income eligibility guidelines.

**Home Energy Assistance Program
152 West High Street
Ballston Spa, NY 12020
884-4146 or 884-4111**

Hours: 9:00 a.m. - 5:00 p.m. weekdays.
HEAP will provide energy assistance to
families with low incomes by issuing
regular and emergency grants to fuel
dealers for heating and utility related
costs.

**Managed Care
152 West High Street
Ballston Spa, NY 12020
884-4153**

Hours: 9:00 a.m. - 5:00 p.m. weekdays.

**Medicaid
152 West High Street
Ballston Spa, NY 12020
884-4148**

Hours: 9:00 a.m. - 5:00 p.m. weekdays
Medicaid provides medical coverage for
all ages who have insufficient income
and/or resources to meet the cost of
necessary medical care as determined by
state standards.

**Temporary Assistance & Disability
Assistance
152 West High Street
Ballston Spa, NY 12020
884-4144**

Hours: 9:00 a.m. - 5:00 p.m. weekdays
Temporary assistance provides financial

support and emergency assistance to
individuals and families who meet
income and resource eligibility criteria.

**Social Security Administration
Schenectady County
1 Broadway Center 8th Floor
Schenectady, NY 12305
1-866-964-1296, 1-866-964-0018
Fax: 518-382-7847**

Hours: 9:00 a.m.-3:00 p.m. weekdays.
9:00 a.m.-12:00 p.m. Wednesday

**Glens Falls Office
17 Cronin Road, Suite 1
Queensbury, NY 12804
1-877-405-4875
Fax: 518-793-6681
www.socialsecurity.gov**

Hours: 9:00 a.m.-3:00 p.m. weekdays.
9:00 a.m.-12:00 p.m. Wednesday

**Southern Adirondack Independent
Living Center
Country Club Plaza
418 Geyser Rd
Ballston Spa, NY 12020
584-8202 or 792-3537
Fax: 584-1195**

www.SAIL-Center.org

Hours: 9:00 a.m.-5:00 p.m. weekdays.
The center provides assistance to
individuals with disabilities, family
members, and other interested parties
concerning accessing and continuing
SSI, SSDI, Survivor's Benefits, DAC
Benefits, NYS Disability, Worker's
Compensation, VA Benefits, and Public
Assistance. Benefits advisement includes
counseling and training concerning work
incentive programs and legislation
(Medicaid Buy-In Program, 1619B
Provision, IRWE's etc.) that allows
individuals with disabilities to work.
Voicemail available.

Veterans Affairs Division, New York State

**Saratoga County Office
Building
152 West High Street
Ballston Spa, NY 12020
884-4115**

Hours: 9:00 a.m.- 5:00 p.m. weekdays.
Provides counseling to veterans, dependents, and surviving spouses on service benefits, application processes, problem solving, and representation with Veterans Administration. Assists in applying for federal and state benefits such as pensions, compensations, blind annuities educational services, and burial benefits. Eligibility: Veterans and dependents.

**CASE
MANAGEMENT/COUNSELING**

**Catholic Charities of Saratoga,
Warren and Washington Counties
142 Regent Street
Saratoga Springs, NY 12866
587-5000**

Hours: 9:00 a.m. – 5:00 p.m. weekdays
Catholic Charities provides counseling and advocacy services to individuals and families including assessments, benefit reviews, application assistance and general case management activities.

**CHOICES-St. Peter's Hospital
315 South Manning Boulevard
Albany NY 12208
525-1364, 525-6803**

Provide comprehensive assessment for older adults, development of a care plan, and care management by Elder Care Consultants.

**Elder Care Program of the
Mechanicville Community Center
6 South Main Street
Mechanicville, NY 12118
664-8322 X377**

Hours: 9:00 a.m. – 5:00 p.m. weekdays
Provides advocacy for the elderly.

**Saratoga County Alcohol and
Substance Abuse Services
254 Church Street
Saratoga Springs, NY 12866
587-8800**

Hours: M and F: 9:00 a.m.- 5:00 p.m.
T, W, and TH: 9:00 a.m.-7:30 p.m.
Services provided include information and referral, evaluation, individual and group counseling and intervention.
24 hour on call.

**Saratoga County Mental Health
Center
Saratoga Springs, NY 12866
584-9030**

24 hour emergency line.

**Saratoga County Office for the Aging
152 West High Street
Ballston Spa, NY 12020
884-4100**

Hours: 9:00 a.m.-5:00 p.m. weekdays.

**Senior Hope Counseling, Inc.
301 S. Allen St., Suite 6
Albany, NY 12208
489-7777, Fax: 489-7771
www.seniorhope.org**

Hours: 9:00 a.m. – 5:00 p.m. weekdays.
Senior Hope offers evaluation and assessment services, individual case management, relapse prevention groups, individual and family chemical dependence counseling, depression, anxiety, and stress management counsel.

Senior Living Specialists

**100 Saratoga Village Blvd
Building 37-C
Malta, NY 12020
538-3831
Fax: 670-0117**

The Senior Living Specialists is dedicated to helping individuals and their families find the best senior living options based on their unique care needs, budget and geographic preference.

Seton Addiction Services

**1300 Massachusetts Avenue
Troy, NY 12180
268-5542**

Seton offers inpatient treatment for substance abuse, detoxification and rehabilitation.

Southern Adirondack Independent Living Center

**Country Club Plaza
418 Geyser Rd.
Ballston Spa, NY 12020
584-8202 or 792-3537
584-4752 (TDD-TTY)
Fax: 584-1195**

Hours: 9:00 a.m. – 5:00 p.m. weekdays

Case Management/Service Coordination

The center provides short-term case management and service coordination services, as well as linkage and referral to other service systems (DOH, OMRDD, OMH, SOFA, etc). Center staff will assist with eligibility determinations and gathering the necessary documentation to access funded case management and service coordination services. If requested, center staff will continue to work with individuals with disabilities as advocates once they are enrolled in funded services.

Counseling

The center provides counseling and teaching and facilitates information giving and sharing for individuals with disabilities, family members and other interested parties on both an individual and a group basis.

Trinity Eldercare

**14 Dix Avenue
Glens Falls, NY 12804
798-4742 or 796-0603
www.trinityeldercare.com**

Services include comprehensive assessment, coordination and ongoing management of services, assisting in determining affordability of services and accessing resources. Assists with Medicaid insurance information and applications. Provide options for home based care and alternates to home based care. Assistance with nursing home applications.

CHURCH - RELATED ASSISTANCE**Christ Episcopal Church**

**15 West High Street
Ballston Spa, NY 12020
602-0004**

The church offers a food pantry that is open 10:00 a.m. - Noon, Monday, Wednesday, Thursday and Friday. Emergency food supplies are available on Wednesday from 5:00p.m. – 7:00p.m.

Corinth First Presbyterian Church
203 Palmer Avenue
Corinth, NY 12822
654-9432

Services include Alzheimer's Caregivers Support Group that meets on the 2nd and 4th Tuesdays @ 1:15 p.m., Extra Helpings Regional Food Bank (food delivery on last Thursday of month), Community Churches Fuel Fund and Health in Need Fund. Community Churches Food Pantry is at the Town Hall, 600 Palmer Ave., Mon., Tues., Wed., Fri. 2:30p.m.-3:00p.m. Thursday 9:30a.m.-10:30a.m.

First Baptist Church
202 Milton Avenue
Ballston Spa, NY 12020
885-8361

The church operates a food pantry Tuesday and Friday, 10:00 a.m. – 12 noon.

Shenendehowa United Methodist Church
971 Route 146
Clifton Park, NY 12065
371-7964

The church offers a free community dinner once a month.

Soul Saving Station Church
PO Box 104, 62 Henry Street
Saratoga Springs, NY 12866
584-3122

The church provides spiritual counseling, religious services, family contacts & referrals.

South Glens Falls United Methodist Church
15 Maplewood Parkway
South Glens Falls, NY 12803
793-1152

Services offered include prayer, counseling and support.

St. Edward the Confessor Catholic Church
569 Clifton Park Center Road
Clifton Park, NY 12065
371-7372

The church programs include a parish nurse program, friendly visitors, and bereavement committee.

St. Peters Catholic Church
241 Broadway
Saratoga Springs, NY 12866
584-2375 Church number
306-5243 Outreach number

The church offers a variety of information programs. Outreach program Mon-Wed-Fri.- 9-noon.

St. Therese Rosary Altar Society
105 Ballard Rd.
Gansevoort, NY 12831
587-9076

The society offers a substitute caregiver program for emergency situations. Also, there is a food pantry twice a month.

CREDIT COUNSELING

Clearpoint Credit Counseling Solutions
2 Computer Drive West
Albany, NY 12205
438-3710

www.credithelpny.org

Hours: Mon.-Thurs: 7:30 a.m.- 9:30p.m.,
Fri. 7:30 a.m.- 7:30 p.m. and
Sat. 8:00 a.m.-3:00 p.m.

Services include free and confidential counseling, community education programs, housing counseling, and debt repayment programs. Also, for a fee

offers bankruptcy counseling and credit review reports.

**Cornell Cooperative Extension
Housing Counseling**

**50 West High Street
Ballston Spa, NY 12020
885-8995 Ext 229
www.ccesaratoga.org**

Hours: 8:00 a.m. – 5:00 p.m. weekdays
Services include providing information to older homeowners seeking a reverse mortgage.

**Southern Adirondack Independent
Living Center**

**Country Club Plaza
418 Geyser Rd.
Ballston Spa, NY 12020
584-8202 or 792-3537
Fax 584-1195
www.sail-center.org**

Hours: 9:00 a.m. – 5:00 p.m. weekdays.
The center provides direct training and instruction to individuals with disabilities, family members and other interested parties to develop independent living skills in the areas of budgeting, financial management, and household management.

DAY CARE, ADULT

Lena's Adult Day Care Services

**230 Bluebird Rd.
South Glens Falls, NY 12803
792-7797 or 681-7797
www.lenasads.com**

Social Day Care offering companionship, stimulating activities, nutritious lunches and snacks, and fresh air in a non-threatening home environment. Experienced and compassionate staff give personal

attention and care for family members at an affordable rate.

Monday – Friday: 8:00 a.m. -5:00 p.m.

**Schuyler Ridge Residential Health &
Adult Day Care**

**1 Abele Boulevard
Clifton Park, NY 12065
371-1400**

www.schuylerridge.org

e-mail: Sr-daycare@setonhealth.org

Hours are 7:30 a.m.-8:00 p.m. weekdays.
Schuyler Ridge is a 120 bed skilled nursing facility offering occupational, physical, and speech therapy, spiritual care, social services and nutritional services as well as a Day Care Program.

Wesley Evergreen Adult Day Services

**357 Milton Avenue
Ballston Spa, NY 12020
587-3600 Ext 1443**

www.wesleyhealth.com

Hours: 8:00 a.m. – 4:30 p.m. weekdays
Evergreen offers supervised, structured programs and activities. A hot nutritious meal is served daily at noontime. Transportation is available for an additional fee.

**DISABLED ADVOCACY AND
SERVICES**

The agencies listed below provide several support programs and services to individuals with disabilities. They offer intervention, day programs, rehabilitation, and many various support groups. Contact the agencies directly for more information and hours of operation.

AIM Services Inc.
4227 Route 9
Saratoga Springs, NY 12866
587-3208, Fax: 587-7236
www.aim-services.blogspot.com

Catholic Charities Disabilities Service Office

1 Park Place, Suite 200
Albany, NY 12205
783-1111, Fax: 785-4894
www.ccdservices.org

Center for Disability Services
314 South Manning Boulevard
Albany, NY 12208
437-5700

Prospect Child & Family Care
Tri-Counties
133 Aviation Road
Queensbury, NY 12804
798-0170, Fax: 798-0533
www.prospectcenter.com

Saratoga Bridges
16 Saratoga Bridges Boulevard
Ballston Spa, NY 12020
587-0723
www.saratogabridges.org

Saratoga Bridges (formerly Saratoga ARC) provides a wide variety of service to persons with intellectual disabilities. Saratoga Bridges services include residential services, service coordination, day services, clinical services, community habilitation, respite, transportation, family support, guardianship supports and employment contacts.

Southern Adirondack Independent Living

Country Club Plaza
418 Geyser Road
Ballston Spa, NY 12020

584-8202 or 792-3537
584-4752 (TDD-TTY)
Fax: 584-1195
www.sail-center.org

Hours: 9:00 a.m. – 5:00 p.m.

The center provides a core set of services designed to promote personal independence, self-help, equal access, peer role modeling, personal growth and empowerment for individuals of any age regardless of ethnicity, gender, religion, living situation or financial status. Services include Information and Referral, Peer Counseling, Individual and Systems Advocacy, Independent Living Skills Training, Architectural Barrier Consultation, Benefit and Entitlement Counseling, Disability Awareness Training, School Advocacy and Transition Support, Errand Support and Voter Registration. The Center also provides equipment assessment and loan through the TRAIID Project, Computer Skills Assessment and Training through the Center for Adaptive Computer Technology (CACT), Traumatic Brain Injury Services through the TBI Regional Resource Center and Nursing Home Transition and Diversion Services.

New York State Commission on Quality of Care and Advocacy for Persons with Disabilities

161 Delaware Ave
Delmar, NY 12054
549-0513
Toll Free: 1-800-624-4143
www.cqcapd.state.ny.us

Hours: 8:30a.m. - 4:30p.m. weekdays.

ACCESS-VR (formerly Vocational and Educational Services for Individuals with Disabilities) (VESID)
One Commerce Plaza,
Room 1609
Albany, NY 12234
www.vesid.nysed.gov
Vocational Rehabilitation Services
473-8097

Hours: Monday –Friday 8:30a.m.-
5:00p.m.

ACCESS-VR promotes educational equity and excellence for students with disabilities while ensuring that they receive the rights and protection to which they are entitled; assures appropriate continuity between the child and adult services systems; and provides the highest quality vocational rehabilitation and independent living services to all eligible persons as quickly as those services are required to enable them to work and live independent, self-directed lives.

Wildwood Programs
1190 Troy Schenectady Rd.
Latham, NY 12110
640-3300
www.wildwood.edu

Working collaboratively with families and community, Wildwood Programs empowers and enables children and adults with neurologically- based learning disabilities, autism, and other developmental disorders to lead independent, productive and fulfilling lives.

**DURABLE MEDICAL
EQUIPMENT**

*The following suppliers are
enrolled in Medicare.*

Lincare
4 Airport Park Blvd.
Latham, NY 12110
782-7770
www.lincare.com
Hours: Monday –Friday 8:00a.m.-
5:00p.m.
Services include oxygen and respiratory care equipment/services, hospital beds, and wheelchairs.

Hannaford

95 Weibel Avenue
Saratoga Springs, NY 12866
587-0681

262 Saratoga Rd., Suite 1
Glenville, NY 12302
384-0246

11 Trieble Ave.
Ballston Spa, NY 12020
885-4672

9 Clifton Country Rd.
Clifton Park NY 12065
373-7915

27 Gansevoort Rd #41
South Glens Falls NY 12803
798-2847

**Home Therapy Equipment/Pacific
Pulmonary Services**
4 Enterprise Avenue
Clifton Park, NY 12065
1-800-214-0060, 664-1965
Services include Durable Medical Equipment, oxygen, hospital beds, wheelchairs and specialty beds.

Prime Care Medical Equipment
16 Walker Way
Albany, NY 12205
(518) 456-6192 or 888-840-8068
www.rampsliftsalbany.com

Services include ramps, stair lifts, ceiling lifts, lift chairs, electric door openers, handicapped accessible showers, bathroom modifications, wheelchairs and scooters.

Upstate Home Respiratory Equipment
106 Maple Street
Corinth NY 12822
654-2485

The following suppliers are not enrolled in Medicare.

Coram Health Care
12 Jupiter Lane
Albany, NY 12205
869-6613

Eazylift
836 Troy-Schenectady Road
Latham, NY 12110
393-2274

Services include stair lifts, residential elevators, and custom lifts.

The following agencies loan or donate durable medical equipment.

NYS Office of Advocate for Persons with Disabilities
161 Delaware Ave
Delmar, NY 12054
549-0513, 1-800-624-4143
www.cqcapd.state.ny.us

Hours: 8:30a.m.-4:30p.m. weekdays.
Administers the TRAID-IN program where used devices are matched with individuals needing them. They are

either sold or donated with all negotiations taking place between the matched parties. This service is statewide and free.

Shenendehowa Senior Center
6 Clifton Common Court
Clifton Park NY 12065
383-1343
www.shenacc.org

Hours: 9:00a.m.-4:00p.m weekdays.
Free equipment is loaned out as needed.
Items include walkers, canes, wheelchairs, shower seats, and commodes, if available. Donations accepted.

Southern Adirondack Independent Living Center,
Country Club Plaza
418 Geyser Rd
Ballston Spa, NY 12020
584-8202 or 792-3537
584-4752 (TDD-TTY)
Fax: 584-1195
www.sail-center.org

Hours: 9:00a.m.-5:00p.m. weekdays.
The center provides free loan of durable medical equipment and assistive devices (including hospital beds, wheelchairs, walkers, commodes, shower benches/chairs, walkers, standing frames, crutches, canes, etc.) based upon individual need for 30 days or more.
The center also provides assistance with obtaining needed devices and equipment from other sources. In addition, the center provides assessment for adaptive computer hardware and software and training to use specialized programs as needed.

EMERGENCY RESPONSE SYSTEMS

The following are 24 hour response services.

Direct Link
584-5885

Eddy Lifeline
274-2635

Ellis Lifeline
382-2224

Glens Falls Hospital Medical Alert Service
16 Pearl Street, Suite 206
Glens Falls, NY 12801
409-8100

LifeFone
16 Yellowstone Avenue
White Plains, NY 10607-1324
1-800-882-2280

Link to Life
297 North Street
Pittsfield, MA 01201
1-800-848-9399
www.link-to-life.com

Saratoga Hospital Lifeline
211 Church Street
Saratoga Springs, NY 12866
583-8413
1-866-674-9900 ext.4399

Seton Lifeline
268-6263

St. Peter's Lifeline
525-1004

For EMERGENCY--- Dial 9-1-1

EMERGENCY SHELTER

The Salvation Army
PO Box 652
27 Woodlawn Ave.
Saratoga Springs, NY 12866
584-1640

Hours: 9:00a.m. – 4:00p.m. weekdays.
Emergency assistance with food. Serve cold breakfast weekdays 8:45a.m.-10:00a.m. Group programs are also offered.

Saratoga County Rural Preservation Company (Male Veterans)
36 Church Avenue
Ballston Spa, NY 12020
885-0673

Hours: 8:30 a.m.-4:30 p.m. weekdays.
This agency is a transitional facility for homeless male veterans. Services include help with permanent housing for veterans and their families, rental assistance programs and mortgage assistance for affordable home ownership.

Guardian House (Female Veterans)
1214 Saratoga Road
Ballston Spa, NY 12020
885-0091

This agency is a transitional facility for homeless female veterans. Services include help with permanent housing for veterans and their families, rental assistance programs and mortgage assistance for affordable home ownership.

Shelters of Saratoga, Inc.
14 Walworth Street
PO Box 3089
Saratoga Springs, NY 12866
581-1097

Hours are 24 hours per day, 365 days per year. Services include emergency housing, case management, referrals, advocacy, and placement services.

FOOD SERVICES/NUTRITION

**Cornell Cooperative Extension of
Saratoga County**
50 West High Street
Ballston Spa, NY 12020
885-8995

Hours are 8:30 a.m.-4:30 p.m. weekdays. Eat Smart New York Education Program is sponsored by Cooperative Extension. The Food Stamp Nutrition Education Program helps limited-income individuals and families of all ages to acquire the knowledge, skills, and attitudes necessary to improve their diets and make best use of available food dollars. There is free instruction by a trained Nutrition Teaching Assistant.

Saratoga County Office for the Aging
152 West High Street
Ballston Spa, NY 12020
363-4020

Hours are 9:00a.m.-5:00p.m. weekdays. Home Delivered Meals offer a hot, nutritious noon meal that is delivered to home-bound seniors throughout Saratoga County. There is a suggested contribution of \$2.00 per meal. For information call 363-4020. Saratoga OFA also has a list and numbers for congregate meal sites and food pantries.

SNAP(Formally Food Stamps)
152 West High Street
Ballston Spa, NY 12020
884-4155 or 587-3030

Hours: 9:00 a.m. - 5:00 p.m. weekdays

Issue a benefit card with a monthly allotment for food purchase to those who meet income eligibility guidelines.

HEALTH CARE INFORMATION & ASSISTANCE

American Cancer Society
260 Osborne Road
Loudonville, NY 12211
438-7841
www.cancer.org
Please call for information.

**Association for the Hearing Impaired,
Inc.**
71 Glenwood Avenue
Queensbury, NY 12804
761-0554

Services provided include equipment loan out, advocacy, information /referral, newsletter, outreach, social /educational programs, sign language, lip reading classes and fabulous friends with flying fingers youth program class.

Community Hospice of Saratoga
179 Lawrence Street
Saratoga Springs, NY 12866
581-0800
www.communityhospice.org

Hospice provides care to seriously ill people and their families in the home setting, hospital, adult homes, and nursing facilities.

**The Elderly Pharmaceutical
Insurance Coverage (EPIC)**
PO Box 15018
Albany, NY 12212
1-800-332-3742

Hours: 8:00a.m.-5:00p.m. weekdays. The Elderly Pharmaceutical Insurance Coverage (EPIC) is a N.Y.S. Dept. of Health Program designed to help NYS

residents who are 65 and older cope with the high cost of prescription drugs. Please call for details or help with the completion of this application.

Epilepsy Foundation of NENY

3 Washington Square

Albany, NY 12205

456-7501, 1-800-894-3223

This service offers information and referral, education, and many programs.

Glens Falls Association for the Blind and Visually Impaired

144 Ridge Street

Glens Falls, NY 12801

792-3421 Fax: 792-3430

gfab@mybluelight.com

Hours: 8:30a.m. - 4:30p.m. weekdays. GFABVI provides information and referral, rehabilitation, exams and aides, screenings, teaching and casework.

Hudson Valley Community College Dental Hygiene Clinic

Fitzgibbons Health Tech

Center, Room 127

80 Vandenburg Avenue

Troy, NY 12180-6096

629-7400

Offers low fee dental cleanings and x-ray. Hudson Valley Community College is committed to providing the best patient-centered treatment possible, while providing the students with an excellent learning experience. Operates September-April by appointment only.

Northeast Health Diabetes Center

Albany Memorial Hospital

600 Northern Boulevard

Albany, NY 12204

447-3500, Fax: 447-3586

Hours: 8:30a.m.- 4:30p.m. weekdays. Comprehensive education sessions including Introduction and Monitoring,

Nutrition, Living Healthy with Diabetes and Exercising your Mind and Body.

The sessions are based on ADA standards and taught by certified diabetes educators, including nurse educators, and registered dietitians. Sessions can be taken individually or in groups.

Northeastern Association of the Blind

301 Washington Avenue

Albany, NY 12206

463-1211

www.naba-vision.org

Hours: 8:00a.m.- 4:00 p.m. weekdays. NABA provides vision rehabilitation services to help older adults remain active, independent and “age successfully” as they experience vision loss. Programs and services include low vision exams, vision aids, vision rehabilitation therapy, vocational assistance, technology training, orientation & mobility and counseling. Services are free to the legally blind. Low vision education programs are available to groups, schools, professionals, senior centers and health care organizations.

Saratoga Community Health Center

24 Hamilton St

Saratoga Springs, NY 12866

886-5600

Hours: Mon.-Thurs. 7:30a.m.-7:00p.m.
Friday 7:30a.m.-4:00p.m

Saratoga Community Health Center provides high-quality, affordable routine medical care, including primary care, dental care, and mental health service to members of our community, regardless of their ability to pay. The Center has plenty of on-site parking and is easily accessible via public transportation.

**Seton Health Incontinence and
Wound Services**

**147 Hoosick Street
Suite E
Troy, NY 12180
268-5380**

Services offered are assessment and treatment of bladder control difficulties, healing of wounds and podiatry. Accepts Medicaid.

**Simplifying Lives for a Cause, Inc.
384-3878**

simplifyinglives.org

Simplifying Lives for a cause, Inc. is a local non-profit organization dedicated to providing six free cleanings for cancer patients, or the parents of cancer patients undergoing treatment for cancer.

**The Wound Healing Center
Glens Falls Hospital
100 Park Street
Glens Falls, NY 12801
926-1500**

Offers a progressive approach to traditional wound healing. An individualized treatment plan is developed for each person.

**YMCA of Saratoga County
290 West Avenue
Saratoga Springs, NY 12866
583-9622, Fax: 581-7598**

www.saratogaregionalymca.org

Hours: Monday-Friday 5:00a.m.-11:00p.m., Saturday 6:00a.m.-6:00p.m., Sunday 6:00a.m.-9:00p.m.

A wide variety of services to promote development of mind, body and spirit. Including health and wellness, aquatics, child care, art, camps, and many community programs.

**HEALTH INSURANCE CLAIMS
AND ASSISTANCE**

**Saratoga County Office for the Aging
152 West High Street
Ballston Spa, NY 12020
884-4100**

The Health Insurance Information, Counseling and Assistance Program (HIICAP) has trained staff and volunteers to answer questions and provide confidential information and counseling about Medicare A & B, and the new Medicare Part D prescription drug benefit, Medicare Supplemental Insurance, Managed Care, Medicaid, QMB, EPIC, and Long Term Care Insurance throughout Saratoga County. Call for more details including volunteer opportunities.

**Saratoga Hospital Child and Family
Health Plus**

**59D Myrtle Street Park
Saratoga Springs NY 12866
580-2021, Fax: 885-9490**

Hours: 9:00a.m.-5:00p.m. weekdays. Offsite appointments on evening and weekends. Assistance with applications for Child Health Plus, Family Health Plus and Medicaid for people under the age of 65.

**Southern Adirondack Independent
Living**

**Country Club Plaza
418 Geyser Rd
Ballston Spa NY 12020
584-8202 or 792-3537
Fax: 584-1195**

www.sail-center.org

Hours: 9:00 a.m.-5:00 p.m. weekdays. The center provides information and assistance to persons with disabilities,

family members and other interested parties concerning Medicare, Medicaid, and Long-Term Care Insurance. The center also provides insurance counseling and advisement for choosing the most appropriate coverage, as well as information concerning co-insurance and gap policies. Center staff are trained Health Insurance Information Counseling and Assistance Program (HIICAP) specialists.

Trinity Eldercare

**14 Dix Avenue
Glens Falls NY 12804
798-4742**

Long term Care insurance information, education and underwriting.

HOME CARE

Accent Health Care Services

**820 5th Avenue
Troy, NY 12182
237-2700, Fax: 237-2708**

www.accenthealthcareservices.com

Adept Health Care Services

**406 Fulton Street, Suite 503
Troy, NY 12180
271-1055**

www.adepthealthcare.com

All Metro Health Care

**50 Broadway
Lynbrook, NY 11563
1-800-225-1200, 426-0283**

Any Time Home Care, Inc.

**1272 Central Avenue
Albany, NY 12205
454-9433, Fax: 454-9436
www.anytimehomecare.com**

Attentive Home Companions provide non-medical assistance with meal preparation, light housekeeping, medication reminders, transportation to appointments, and supervision for safety. Companions can work in the home, assisted living facility, nursing home or other residence. From three to twenty four hours per day. We provide respite for families and the assistance that allows people to remain independent at home as long as possible.

Attentive Care

**5 Computer Drive West
Albany, NY 12205-1617
438-6271
www.attentiveservices.com**

Attentive Home Companions

**5 Computer Drive West
Albany NY 12205
694-0400**

Companions for the Elderly

**PO Box 4327
Clifton Park NY 12065
383-3119**

Services include non-medical companionship and homemaking services including meal preparation, laundry, light housekeeping, shopping, errands and incidental transportation. Can be for as little as one hour or up to 24 hours. Sliding fee scale.

Concepts of Health Care

**PO Box 205
Ballston Spa, NY 12020
885-2020, Fax: 885-2922**

www.conceptsofhealthcare.com

Hours: 8:00a.m.- 4:00p.m. weekdays.
Provides 24 hours, 7 days a week live-in non-medical aide services.

Eddy Home Care - Home Care & Nursing

**433 River Street Suite 3000
Troy, NY 12180
274-6200**

Eddy Home Care-(EVNA)

**433 River Street
Troy, NY 12180
274-6200**

Fort Hudson Homecare

**319 Broadway
Fort Edward, NY 12828
747-9019, 747-2811
www.forthudson.com**

Services available through Fort Hudson Homecare include companion care and licensed home health care.

Gentiva Health Services

**100 Saratoga Village Boulevard
Suite 5
Malta, NY 12020
899-1158
www.gentiva.com**

Greater Adirondack Home Aides

**25 Willowbrook Road
Queensbury, NY 12804
926-7070**

www.greateradirondackhomeaides.org

This home health aide service assists with personal care, meal prep, light housekeeping and shopping.

Home Health Care Partners

**1830 Riverfront Center
Amsterdam, NY 12010
842-6718, Fax: 842-8357
581-2632
1-800-342-1426**

www.newyorkhomehealthcare.org

This New York State Licensed Home Care Agency offers companion services, home health aide services and nursing services.

Home Helpers & Direct Link

**120 West Ave., Suite 302
Saratoga Springs NY 12866
584-5885**

www.homehelpersny.com

Licensed home care agency serving Saratoga, Warren, Washington and Rennselaer counties. Services include transportation, errands, light housekeeping, meal preparation or safety and supervision. Our licensed services include assistance with bathing, grooming, toileting, mobility and medication management. Our care is provided under physician orders and supervised by an RN. We also offer assistive technology which includes: Personal Emergency Response Systems with fall detector, GPS locator as well as automated medication managers.

Home Instead Senior Care

**12 Mountain Ledge Dr. Suite 3
Gansevoort, NY 12831
580-1042, Fax: 580-1043
www.homeinstead.com/341**

Home Instead provides non-medical companion and home-helper service including light housekeeping, laundry, meal preparation, shopping, errands and incidental transportation. Long term and short term respite services available.

Home of the Good Shepherd

**26 Rock Rose Way
Malta, NY 12020
581-2800**

Hometown Healthcare

**601 19th Street
Watervliet, NY 12189
328-0075**

Interim HealthCare

**1735 Central Avenue
Albany, NY 12205
452-3655**

**99 Ridge Street
Glens Falls, NY 12801
798-6811**

**Northway 10 Executive Park
315 Ushers Rd
Ballston Lake, NY 12019
877-3811
www.interimhealthcr.com**

Interim HealthCare provides RN, LPN and aide services in the home or facilities from 2 to 24 hours a day up to seven days a week. All care is provided under physician's orders and RN supervision. Interim's goal is to meet the client's needs and to maintain clients in their homes as long as they wish. All aides are insured and bonded.

**Living Made Easy, LLC
Saratoga Springs, NY 12866
580-9585
Fax: 584-0626
www.LivingMadeEasy.net**

Living Made Easy Senior Care provides non-medical in home services, housekeeping, companionship, errands, transportation, medication reminder and supervision for personal care. Services available for 24 hours 7 days a week with a minimum of 3 hours.

**Living Resources Home Care Agency
300 Washington Ave. Ext.
Albany, NY 12203
867-8767 fax: 867-8797
www.livingresources.org**

A licensed home care services agency, provides services and support to meet your home care needs with care coordination, companion services, home health aides, medication reminders, nursing care, personal care aides and nursing assessments. This agency provides assistance with ambulation and

transferring, bathing and showering, companionship and socialization, escort to appointments, exercise programs, light housekeeping, respite, shopping and meal preparation.

**NurseCore
1218 Central Avenue
Albany, NY 12205
438-3900**

A professional home healthcare and medical staffing company that provides nursing, allied and medical office professionals 24 hours a day, seven days a week.

**Samuel S. Stratton Veterans
Administration Medical Center
113 Holland Avenue
Albany, NY 12208
626-5000**

The Medical Center provides comprehensive in-patient and out patient, geriatric and long term care services for honorably discharged military veterans. Services include respite care, nursing home care, home care, adult day health care, primary care, post acute care, and assisted housing.

**Saratoga County Dept. of Social
Services
152 West High Street
Ballston Spa, NY 12020
884-4159**

Hours are 9:00a.m.-5:00p.m. weekdays. The home care program of social services assists eligible individuals to safely remain at home through the provision of services such as personal care tasks, nursing, meals on wheels, lifeline, home therapies, social day care, case management, nutritional services, and medical social worker services.

**Saratoga County Public Health
31 Woodlawn Avenue
Saratoga Springs, NY 12866
584-7460**

Hours are 8:00a.m.-5:00p.m. weekdays.
SCPH is a Certified Home Health
Agency that offers skilled nursing,
physical, speech and occupational
therapy and 24 hour nurse availability.
They also provide a medical social
worker, clinics, early intervention, and
other informative programs.

**Senior Solutions
77 Van Dam Street, Suite 4
Saratoga Springs, NY 12866
584-1200**

Senior Solutions provides non-medical
in home services, companionship,
housekeeping, meal preparation,
laundry, shopping, transportation,
assistance and supervision along with
respite care. State certified NPCA and
health care aids.

**Seton Home Care
1 Ross Tech Park
Troy, NY 12180
233-1802**

**AND
77 Van Dam, Suite 13
Saratoga Springs, NY 12866
583-7076**

Seton provides many licensed services;
skilled nursing, physical, speech, and
occupational therapy, home health aides,
registered dietician, assessments,
counseling and referrals.

**Visiting Nurses Home Care/Medstaff
71 Glenwood Avenue
Queensbury, NY 12804
798-1450**

Offers a full range of private duty home
care and facilities staffing services in 15
counties.

**Visiting Nurses Association of Albany,
Inc.**

**Saratoga Office
634 Plank Road
Clifton Park, NY 12065
371-0890**

Non-profit licensed certified home
health agency providing skilled nursing,
physical, occupational and speech
therapies, and home health aide services
in Albany, Saratoga and Rensselaer
counties. www.vnaalbany.org

**VNA- Schenectady (SVNA)
180 Erie Blvd.
Schenectady, NY 12305
382-8050**

IDENTIFICATION

**Motor Vehicles Department, Saratoga
County**

**Saratoga Office
Wilton Mall
3065 Route 50
Saratoga Springs, NY 12866
584-7403, Fax: 584-7403**

Hours:
Mon, Wed, Thurs, Fri: 8:00a.m.-4:45
p.m.
Tues: 8:00 a.m. – 6:00 p.m.

**Ballston Spa Office
40 Mc Master Street
Ballston Spa, NY 12020
885-2227, Fax: 884-8391**

Hours:
Mon, Tues, Thurs, Fri: 8:00 a.m. - 4:45
p.m.
Wed: 8:00 a.m. – 6:00 p.m.

Clifton Park Office
Clifton Park Center Road
Clifton Park, NY 12065
383-2480, Fax: 371-8669

Hours:

Mon, Tues, Wed, Fri: 8:00 a.m. - 4:15 p.m.

Thurs: 8:00 a.m. – 6:00 p.m.

Saratoga County Office for the Aging
152 West High Street
Ballston Spa, NY 12020
884-4100

Hours: 2:00 p.m.-4:00 p.m., Tuesdays.
CDTA Half- Fare cards issued to those 65 and over or disabled. Please bring proof of age, county residency and proof of disability when applying. A small fee applies.

INFORMATION & REFERRAL

NYS Kinship Navigator
30 North Clinton Ave
Rochester, NY 14604
1-877-454-6463

www.nysnavigator.org

The New York State Kinship Navigator is an information, referral and advocacy program for kinship caregivers in New York State. The Navigator seeks to assist these caregivers by providing information on financial assistance, legal information and referrals, and other types of issues that caregivers face when raising children in order to provide stability and permanency in the home.

Saratoga County Office for the Aging
152 West High Street
Ballston Spa, NY 12020
884-4100

Hours are 9:00 a.m.-5:00 p.m. weekdays.

OFA provides information, referral and linkage to community services for the elderly. Also, provides information and assistance to family caregivers regarding programs and services available at OFA and other agencies/resources.

Seniors Choice

P.O. Box 50
Saratoga Springs, NY 12866
424-2527

www.aseniorschoiceonline.com

Working with families to make informed decisions in eldercare lifestyles.

Senior Independent Living Options

Albany, NY
462-9433

www.SiloSpeakers.com

SILO Speakers is a professional Speakers Bureau for Capital Region seniors and their families. Our community service offered free of charge provides information & options for the years ahead as well as expertise in a variety of areas of interest to seniors.

Southern Adirondack Independent Living

Country Club Plaza
418 Geyser Rd
Ballston Spa NY 12020
584-8202 or 792-3537
Fax: 584-1195

www.sail-center.org

Hours: 9:00 a.m. -5:00 p.m. weekdays.
The Center provides information and referral services for individuals with disabilities, family members and other interested parties. The center staff is exceptionally knowledgeable concerning community-based services and supports, including supports available through local, state and federal agencies.

Linkage and referral is provided on a person-to-person basis as requested.

IN HOME VOLUNTEERS

Care Links of Southern Saratoga County

**543 Saratoga Road
Glenville, NY 12302
399-3262
Fax: 399-8663
www.chsny.org**

Open weekdays 9:00 a.m.-3:00 p.m.
Trained volunteers provide supportive services, at no cost, to persons 60+. Friendly visiting, transportation, respite care, light housekeeping, yard work, short-term meal preparation, shopping and errands, telephone assurance, information and referral handy helping. Available in the Towns of Ballston, Charlton, Clifton Park, Halfmoon, Mechanicville, and Malta.

Caritas, Inc.

**142 Bay Street
Glens Falls, NY 12801
798-6648, Fax: 798-6682
www.glensfallscaritascare.org**

LEGAL SERVICES

Legal Aid Society of Northeastern NY

**112 Spring Street, Suite 109
Saratoga Springs, NY 12866
587-5188, Fax: 587-0959
www.lasnny.org**

Hours: 9:00 a.m. - 5:00 p.m. weekdays.

Mediation Matters

**480 Broadway, Suite LL-32
Saratoga Springs, NY 12866
584-6361**

www.mediationmatters.org

Hours: 9:00 a.m.- 4:00 p.m. weekdays, evenings by appointment.

Office of Immigrant Services Catholic Charities of the Diocese of Albany

**40 North Main Avenue
Albany, NY 12203
453-6650**

The services provided include consultation and assistance with legal immigration procedures and citizenship applications.

Saratoga County Office for the Aging

**152 West High Street
Ballston Spa, NY 12020
884-4100**

Hours: 9:00 a.m. - 5:00 p.m. weekdays. Legal advice and representation is available to all seniors throughout the County through a contract with a private attorney. Call for requirements or to schedule an appointment.

Southern Adirondack Independent Living Center

**Country Club Plaza
418 Geyser Rd
Ballston Spa NY 12020
584-8202 or 792-3537
Fax: 584-1195**

www.sail-center.org

Hours: 9:00a.m. – 5:00 p.m. weekdays. The center offers individuals with disabilities, family members and other interested parties assistance and advocacy related to benefit and entitlement programs, community services and other local, state, or federal programs. Services include advocacy

and assistance with Social Security applications and appeals, and applications and appeals concerning State and local resources (including Personal Care services, Home Health Aid Services, in-home Nursing, Homemaker services, Public Assistance, Food Stamps, Early Intervention services, Family Health Plus, Medicaid, Transportation, Medicaid Waivers, etc.). Where necessary, assistance and advocacy is provided for informal appeals, Fair Hearings and Administrative Law Reviews. In addition, advocacy and assistance is provided for children of school age concerning the CSE process and meetings, as well as for issues involving IDEA, FAPE, Transition Planning, Work-Study and other school-related services. Assistance and advocacy are also provided for individuals who choose to access services through VESID, CBVH, OMRDD, OMH, SOFA, DOT, Hospice and other state and local agencies.

NURSING HOMES/ REHABILITATION CENTERS

The following list of facilities provides physical and occupational therapy along with skilled nursing.

Diamond Hill Nursing and Rehabilitation Center

**100 New Turnpike Road
Troy, NY 12182
235-1410**

www.diamondhill-rehab.com

A skilled nursing center offering short-term rehabilitation through physical, occupational, and speech therapy as well as long term care residential care. This center also offers specialized equipment and accommodations for bariatric

rehabilitation residents and transportation to area dialysis centers. A full range of recreational and religious activities is provided.

Maplewood Manor

**149 Ballston Avenue
Ballston Spa, NY 12020
885-2288**

Pathways Nursing and Rehabilitation Center

**1805 Providence Avenue
Niskayuna, NY 12309
374-2212 Fax: 374-4330
www.pathways-rehab.com**

A short term recovery skilled nursing center offering physical, occupational, speech and cognitive therapy for children, adults and the elderly. Services also include, but are not limited to, traumatic brain injury comprehensive rehabilitation, stroke recovery, and ventilator/respiratory care. The center also provides an effective alternative to extended hospitalization within a homelike environment.

Rosewood Nursing and Rehabilitation Center

**284 Troy Road
Rennselaer, NY 12144
286-1621**

www.rosewoodrehabilitation.com

A skilled nursing center offering short-term rehabilitation through physical, occupational and speech therapy as well as long-term residential care. A full range of recreational and religious activities is provided.

Saratoga Care Nursing Home

**211 Church Street
Saratoga Springs, NY 12866
583-8496**

The nursing home provides long-term care and short-term rehabilitation to get back to the community.

**Seton Health at Schuyler Ridge
Residential Health**

**1 Abele Boulevard
Clifton Park, NY 12065
371-1400**

www.schuylerridge.org

Provides residential health care for those requiring skilled nursing.

**The Glens Falls Hospital Inpatient
Rehabilitation Center**

**100 Park Street
Glens Falls, NY 12801
926-6186 or 538-1470**

www.glensfallshospital.org

The center is for individuals in need of intensive physical, occupational, and/or speech therapy following an accident or illness. Patients in need of acute inpatient rehabilitation must benefit from 24-hour physician availability, 24-hour rehabilitation nursing, 3 hours day/5 days a week of therapy and an interdisciplinary team approach.

Wesley Health Care Center

**131 Lawrence Street
Saratoga Springs, NY 12866
587-3600**

www.wesleyhealth.com

Wesley is a skilled nursing facility including physical therapy and occupational therapy.

RESPIRE - ADULT

Attentive Home Companions

**5 Computer Drive West
Albany, NY 12205
694-0400**

**Beacon Pointe Memory Care
Community**

**1 Emma Lane
Clifton Park, NY 12065
371-2200**

**The Caregivers Support Services of
Catholic Charities**

**100 Slingerland Street
Albany, NY 12202
449-2001**

Services include support groups, training, seminars, planned and emergency respite services, information and assistance, and social work services.

**Care Links of Southern Saratoga
County**

**543 Saratoga Road
Glenville, NY 12302
399-3262**

www.chsny.org

Open weekdays. Trained volunteers provide supportive services, at no cost, to persons 50+. Friendly visiting, transportation, respite care, light housekeeping, yard work, short-term meal preparation, shopping and errands, telephone assurance, information and referral handy helping around the house (inside and outside). Available in the Towns of Clifton Park, Halfmoon, Mechanicville, and Malta.

Caritas, Inc.

**142 Bay Street
Glens Falls, NY 12801
798-6648**

www.glensfallscaritascare.org

Caritas is a local, unique, organization of trained caregivers and community professionals providing non-medical, non-hands-on support, free of charge to seriously and terminally ill individuals and their families.

Home Connection Companions
11 Computer Drive West
Albany, NY 12205
459-6612
1-866-811-4300
www.nurseconnectionstaffing.com

Home Health Care Partners
1830 Riverfront Center
Amsterdam, NY 12010
842-6718
581-2632
1-800-342-1426

This New York State Licensed Home Care Agency offers companion services, home health aide services and nursing services.

Home Instead Senior Care
12 Mountain Ledge Dr. Suite 3
Gansevoort, NY 12831
580-1042
www.homeinstead.com/341

Home Instead provides non-medical companion and home-helper service including light housekeeping, laundry, meal preparation, shopping, errands and incidental transportation. Long term and short term respite services available.

Living Made Easy
Saratoga Springs, NY 12866
580-9585
www.LivingMadeEasy.net

Living Made Easy Senior Care provides non-medical in home services, housekeeping, companionship, errands, transportation, medication reminder and supervision for personal care. Services available for 24 hours 7 days a week with a minimum of 3 hours.

Northeast Health
Marjorie Doyle Rockwell Center
421 W. Columbia Street
Cohoes, NY 12047
279-5502

Saratoga County Office for the Aging
Caregiver Program
152 West High Street
Ballston Spa, NY 12020
884-4100

Hours are 9:00 a.m.- 5:00 p.m. weekdays
Caregiver Program assists caregivers by giving them relief from the burdens of care giving. Services offered by the program are information and assistance, counseling, respite, and supportive services which include provision of Safe Return bracelets for Alzheimer's patients and assistance in securing emergency response systems. Care receivers must be over 60, a resident of Saratoga County and have deficiencies in at least two activities of daily living.

Senior Solutions
77 Van Dam Street, Suite 4
Saratoga Springs, NY 12866
584-1200

Services include companionship and Respite Care.

Stratton VA Medical Center
113 Holland Ave., #112
Albany, NY 12208
626-6101

Must be eligible veteran to receive respite.

RESPITE - CHILDREN

Pathways Nursing and Rehabilitation Center

**1805 Providence Avenue
Niskayuna NY 12309
374-2212**

www.northwoodshealth.net

Respite services for children from birth to age 21 designed to provide a break for caregivers. This is an in-patient, overnight program with 24 hour nursing care, physical, occupational and speech therapy, as needed, and therapeutic recreational activities within a community atmosphere.

Accommodations are provided for children with developmental delays, special feeding requirements, seizure disorders, neuromuscular disease, congenital illnesses and ventilator dependency. This service is funded through Medicaid up to 42 days per year at no charge to the caregiver.

SENIOR CLUBS AND CENTERS

**Ballston Area Seniors
310 North Line Road
Ballston Spa, NY 12020
885-6740**

**Corinth Senior Citizens Center
22 Hamilton Avenue
Corinth, NY 12822
654-2040**

**Galway Senior Citizens Club
Galway Town Hall
Route 147, PO Box 143
Galway, NY 12074
Mary Ann Dennison, President
882-6100**

**Greenfield Senior Club
Greenfield Community Center
PO Box 10
Greenfield Center, NY 12833
Sandra Kanar, President
893-7745**

**Halfmoon Senior Center
PO Box 4203
Lower New Town Road
Halfmoon, NY 12065
371-3892**

**Malta Senior Citizens, Inc.
Malta Community Center
1 Bayberry Drive
Malta, NY 12020
899-4411**

**Mechanicville Area Senior Center
178 North Main Street
Mechanicville, NY 12118
664-7877**

**Moreau Community Center
Seniors
144 Main Street
PO Box 1456
South Glens Falls, NY 12803
792-6007**

**Old Saratoga Senior Club
PO Box 60
Schuylerville, NY 12871
747-9213 James Young**

**Quaker Springs Sunshiners
Quaker Springs Firehouse
Schuylerville, NY 12871
584-3829**

**Sacandaga Senior Citizens
Edinburg Community Center
47 Military Road
Edinburg, NY 12134
863-6221 or 863-8872**

**Senior Citizens Center of
Saratoga Springs
5 William Street
Saratoga Springs, NY 12866
584-1621**

**Shenendehowa Adult
Community Center
6 Clifton Common Court
Clifton Park, NY 12065
383-1343**

**Waterford Senior Club
Civic Center
35 Third Street, PO Box 554
Waterford, NY 12188
235-8500**

**Wilton Senior Citizens Center
18 Traver Road
Gansevoort, NY 12831
587-6363**

SENIOR HOUSING

**Adam Lawrence Apartments
364 West Maple Street
Corinth, NY 12822
654-9162**

**Ballston Pines
155 Rowland Street
Ballston Spa, NY 12020
884-9401**

**Bishop Hubbard Senior
Apartments
54 Katherine Drive
Halfmoon, NY 12065
383-2705**

**Coburg Village
One Coburg Village Way
Rexford, NY 12148-1467
371-5000**

**Council Meadows
126 Council Lane
Burnt Hills, NY 12027
399-9232**

**Doubleday Woods
91 Church Avenue
Ballston Spa, NY 12020
885-1900**

**Embury Apartments
133 Lawrence Street
Saratoga Springs, NY 12866
587-3300**

**Highpointe at Malta Senior
Apartments
Route 9 and Cramer Road
Malta, NY 12020
583-7977
Kirby Village
9 Kirby Road
Saratoga Springs, NY 12866
583-4608**

**Malta Meadows
5 Applewood Drive
Ballston Lake, NY 12019
899-1552**

**Marina Woods Senior Housing
Marina Drive
Halfmoon, NY 12065
348-0213**

**Mechanicville Elderly Housing
180 North Main Street
Mechanicville, NY 12118
664-4436**

Midtown Apartments
18-20 Riverview Street
South Glens Falls, NY 12803
792-3029

Milton Village
300 Northline Road
Ballston Spa, NY 12020
884-9767

**Northern Pines Senior
Apartments**
120 Northern Pines Road
Wilton, NY 12866
581-8959

Prestwick Chase
100 Saratoga Boulevard
Saratoga Springs, NY 12866
584-7766

Raymond Watkin Apartments
57 Ballston Avenue
Saratoga Springs, NY 12866
587-2641

Saratoga West
11 Kirby Road
Saratoga Springs, NY 12866
581-9738

Schuylerville Manor
2 Morgans Run
Schuylerville, NY 12871
695-4865

Shenendehowa Village
300 Solomon Avenue
Clifton Park, NY 12065
373-1900

Stonequist Apartments
1 South Federal Street
Saratoga Springs, NY 12866
584-6600

Trible Village
322 Northline Road
Ballston Spa, NY 12020
885-6997

Van Schoonhoven Square
1 Van Schoonhoven Square
Waterford, NY 12188
235-0514

Westview Apartments
125 West Avenue
Saratoga Springs, NY 12866
583-8800

Wilton Commons
100 Wilton Commons Drive
Gansevoort, NY 12831
581-7696

Woodlawn Commons
156 Lawrence Street
Saratoga Springs, NY 12866
691-1560

SUPPORT GROUPS

**AIDS Council of Northeastern
New York**
1-800-201-AIDS

Alcoholics Anonymous
587-0407

Alzheimers Association
1-800-272-3900
438-2217
www.alzneny.org

American Cancer Society
438-7841

The Caregiver Space, Inc.
31 West 21st Street, 4th Floor
New York, NY 10010
1-855-522-5524
www.thecaregiverspace.org

Caregiver Support Group
Adult Children Caring for
Aging Parents
587-3600

Charcot-Marie-Tooth Association
518-783-7313
www.cmtausa.org

Crohns/Colitis
439-0252

Elder Locator
1-800-677-1116

Hearing/Rehab Center (Glens Falls Hospital)
926-2000

Literacy Volunteers
583-1232

National Kidney Foundation
458-9697

Oncology Support for Patient & Families (Glens Falls Hospital)
926-6629 or 926-6639

Shelters of Saratoga, Inc.
581-1097

TRANSPORTATION

Transportation is available in the following areas. Please call 24 hours in advance to make reservations.

Ballston, Malta, Milton, Wilton
 Greenfield & Northumberland

A + H Services **884-4100**

Charlton, Providence, Galway, Edinburg
A + H Services **884-4100**

Clifton Park
Town of Clifton Park and **371-4444**
Shenendehowa Seniors –Clifton Park
residents only

Corinth
Corinth Senior Center **654-2040**

Hadley/Day **696-3789**
Ext-3

Halfmoon
Town of Halfmoon **664-2186**

Mechanicville
City of Mechanicville
Public Safety **664-5651**

Schuylerville/Town of Saratoga
A + H Services **884-4100**

Saratoga Springs
A + H Services **884-4100**

Stillwater
Community Committee **664-6856**
On Eldercare (CCE) **Ext-18**

Waterford
Town of Waterford **235-8500**
Medical **527-4589**

Scheduled bus routes
CDTA **482-8822**

CDTA Star Program **482-2022**

**Care Links of Southern Saratoga
County**

**543 Saratoga Road
Glenville, NY 12302
399-3262
Fax: 399-8663
www.chsny.org**

Open weekdays. Trained volunteers provide supportive services, at no cost, to persons 60+. Friendly visiting, transportation, respite care, light housekeeping, yard work, short-term meal preparation, shopping and errands, telephone assurance, information and referral handy helping around the house (inside and outside). Available in the Towns of Clifton Park, Halfmoon, Mechanicville, and Malta.

Community Human Services

**543 Saratoga Road
Glenville, NY 12302
399-4624**

Wellness Express Monday-Friday. Transportation is provided to residents in the Town of Ballston, the village of Ballston Spa, Town of Charlton, Town of Malta, Town of Galway, Town of Providence and the town of Milton to and from medical appointments in the capital region. Advance notice is required to make a reservation.

**Saratoga County Department of
Social Services**

**152 West High Street
Ballston Spa, NY 12020
884-4169
1-855-852-3292**

Hours: 9:00 a.m.- 5:00 p.m. weekdays
Medicaid Transportation availability is determined by a caseworker and evaluated annually. Medical appointments only. Wheelchair accessibility. Minimum 3 day notice.

Moreau Community Center

**PO Box 1456
144 Main Street
So. Glens Falls, NY 12803
792-6007**

Transportation is available to residents in the South Glens Falls School District.

**RSVP Senior Transport
Saratoga County Office for the Aging**

**152 West High Street
Ballston Spa, NY 12020
884-4110**

Provides transportation to medical appointments only. No wheelchair accessibility. Minimum one week notice. Suggested donation for round trip is \$2 within the county and \$5 outside of the county.

**Southern Adirondack Independent
Living**

**Country Club Plaza
418 Geyser Rd
Ballston Spa NY 12020
584-8202 or 792-3537
Fax: 584-1195**

Hours: 8:30 a.m.- 4:30 p.m. weekdays. The center provides information and training concerning transportation services to individuals with disabilities, family members and other interested parties. In addition, the center assists with arranging transportation and/or providing direct training for individuals with disabilities to arrange or use transportation services.

Veterans Affairs Division

**Saratoga County Office
Building
152 West High Street
Ballston Spa, NY 12020
884-4115**

Transportation is available to the VA Medical Center in Albany on Tuesday, Thursday and Friday by appointment. Give name, last 4 numbers of SS number, clinic destination and time of appointment. This is a free service.

VOLUNTEER OPPORTUNITIES

Care Links of Southern Saratoga County

**543 Saratoga Road
Glenville, NY 12302
399-3262
Fax: 399-8663
www.chsny.org**

Open weekdays. Trained volunteers provide supportive services, at no cost, to persons 60+. (Available in the Towns of Clifton Park, Halfmoon, Mechanicville, and Malta.)

Foster Grandparent

**Commission on Economic Opportunity
2331 Fifth Avenue
Troy, NY 12180
272-6012 ext. 311, 315 or 288
www.ceo-cap.org/seniors**

Serve 15-40 hours a week in schools, hospitals, correctional institutions, Head Start and day care centers. Volunteers must meet income eligibility requirements.

Home Delivered Meal Volunteer Saratoga County Office for the Aging 152 West High Street Ballston Spa, NY 12020 363-4020

A volunteer program that recruits all ages to deliver nutritious noon-time meals to homebound seniors 60+ throughout Saratoga County.

The Retired and Senior Volunteer Program

**Saratoga Office for the Aging
152 West High Street
Ballston Spa, NY 12020
884-4100**

(RSVP) is part of the Corporation for National & Community Service, a national volunteer agency. Anyone 55 years or older is eligible to become a volunteer. RSVP offers diverse opportunities to serve in many locations. Volunteer assignments are a match between the specific interests of the volunteer and the particular needs of an organization.

Senior Companion

581-3074 Charlotte Hooper

Offers part-time opportunities for seniors to develop one-to-one relationships with developmentally disabled adults. Participants, who are income eligible, receive a tax-free stipend, possible transportation, daily meal, orientation and training.

VOTER REGISTRATION

**Board of Elections, Saratoga County
50 West High Street
Ballston Spa, NY 12020
885-2249**

Hours: 9:00 a.m.– 5:00 p.m. weekdays. Registers eligible persons to vote and maintains central file of registered county voters. Provides upon request, absentee ballots for permanently ill, military, and out-of-town voters. Coordinates and oversees elections, maintains information on voting locations, election results, and legislative district boundaries. Tests prospective

election inspectors, receives party-designating petitions for filing and keeps records of financial filing.

Southern Adirondack Independent Living

**Country Club Plaza
418 Geyser Rd
Ballston Spa NY 12020
584-8202 or 792-3537
Fax: 584-1195**

Hours: 8:30 a.m.- 4:30 p.m.
The center provides information concerning voting and the right to vote to individuals with disabilities. The center also provides assistance with the voter registration process as requested.

**WEATHERIZATION/
HOUSING SERVICES**

Care Links of Southern Saratoga County

**543 Saratoga Road
Glenville, NY 12302
399-3262
Fax: 399-8663
www.chsny.org**

Open weekdays. Trained volunteers provide supportive services, at no cost, to persons 60+. Friendly visiting, transportation, respite care, light housekeeping, yard work, short-term meal preparation, shopping and errands, telephone assurance, information and referral handy helping around the house (inside and outside). Available in the Towns of Clifton Park, Halfmoon, Mechanicville, and Malta.

Housing Program of EOC

**40 New Street
P.O. Box 5120
Saratoga Springs, NY 12866
587-3158**

Hours: 8:30 a.m.- 4:30 p.m. weekdays.
EOC helps income eligible county residents better manage fuel and energy costs with the weatherization assistance program.

**Rebuilding Together Saratoga County
P.O. Box 95
Schuylerville, NY 12871
695-3315**

www.rebuildingtogethersaratoga.org
Non-profit organization that rehabilitates the homes of low-income homeowners, particularly those who are elderly or have disabilities, so that they may continue to live in warmth, safety and independence.

**Roake Custom Builders
461 Elliot Road
East Greenbush, NY 12061
689-0066**

Roake Custom Builders has been providing professional building and remodeling services throughout the Capital Region since 1986. Certified through NAHB as aging in place specialists.

**Saratoga County Rural Preservation Company
36 Church Avenue
Ballston Spa, NY 12020
885-0091**

Administers Sec 8 Rental Assistance program, Veterans Apartments, Budget Counseling and Veterans Employment Services.

**Saratoga Home and Energy
587-3158**

Hours: 7:30 a.m.- 3:30 p.m. weekdays.
Services provided include no cost dwelling repair options for households and small businesses in Saratoga and

Schenectady counties. Open to HEAP eligible clients.

**Saratoga Springs Office of
Community Development**

**Room 10 City Hall
Saratoga Springs, NY 12866
587-3550**

Hours: 9:00 a.m.- 5:00 p.m. Mondays
9:00 a.m.- 4:30 p.m. Tuesday –
Friday.

Community Development provides housing rehabilitation grant and loan programs, information and referral services.

Schrader and Company Inc.

**850 Saratoga Rd., PO Box 70
Burnt Hills, NY 12027
399-2338**

www.schraderandco.com

Certified through AARP and Home Builders Association as aging in place specialists.

**Shelters of Saratoga Neighborhood
Preservation Company**

**14 Walworth Street
P.O. Box 3089
Saratoga Springs, NY 12866
581-5955**

Saratoga Residential Rehab Program provides moderate rehabilitation to income eligible homeowners within the City of Saratoga Springs inner district.

**Southern Adirondack Independent
Living Center**

**Country Club Plaza
418 Geyser Rd
Ballston Spa, NY 12020
584-8202 or 792-3537
Fax: 584-1195**

Hours: 8:30 a.m.- 4:30 p.m.

The center offers individuals with disabilities, family members and other

interested parties information, advice and assistance with overcoming architectural barriers occurring in any privately or publicly owned residence, business, constructed facility or proposed building or facility. The center also provides detailed plans and written advice as well as information and assistance for accessing funding sources.

Spare Hands LLC

**P.O. Box 610
Saratoga Springs, NY 12866
337-0752**

Spare Hands is a company committed to serving the needs of the older population by using the most streamlined approach possible to deliver needed services.

Umbrella of Capital District Inc.

**509A Union Street
Schenectady, NY 12308
346-5249**

www.theumbrella.org

Non profit agency dedicated to helping senior citizens and person with disabilities live comfortably, safety and independently in their own homes. Services provided include low cost handyman service, house cleaning, lawn and garden work, plumbing, electrical repairs, grocery shopping, transportation and information and referral.

**United States Department of
Agriculture USDA- Rural
Development**

**2530 NYS Route 40
Greenwich, NY 12834
692-9940 Ext.4**

Hours: 8:00 a.m.- 4:30 p.m. weekdays.
Services include financial assistance for income eligible homeowners. Loan or grants are for ages 62+ and for home repairs and construction. Loans for home ownership are available.

SECTION 2: HOME HEALTH CARE GLOSSARY

Introduction

This section provides generic descriptions of various Home Health Care terms.

Glossary

acute care--- Care required by a client/patient for a short period, usually until an underlying condition is resolved. Acute care is delivered in a variety of settings including home, hospitals, and nursing facilities.

case management--- Coordination of a client/patient's health care services to ensure appropriate, quality care as their health care and social needs change.

companion aide--- Provides companionship for a client/patient and assists with tasks such as homemaking, meal planning, shopping, transportation, and possibly personal care.

home health aide--- Paraprofessional caregivers through New York-approved programs provide hands-on personal care and light homemaking tasks. Aides may provide expanded health related tasks when trained and supervised by a Registered Nurse.

homemaker/housekeeper--- Provides assistance with domestic tasks such as light housekeeping, laundry, shopping, and meal preparation.

information and referral--- Service to answer questions and guide the client/patient to appropriate services.

infusion therapy--- Intravenous medication administration for therapeutic purposes. Infusion therapy may include administration of antibiotics, hyperalimentation, chemotherapy, pain control medicines,

hydration fluids, and selected blood products.

licensed practical nurse (LPN) --- Provides a broad range of nursing services, including administration of prescription medicines, insulin injections, and monitoring of vital signs.

long-term care (LTC) --- Care required by some children and adults with disabilities. Care ranges from household tasks to skilled nursing services. LTC is delivered in a variety of care settings, including home, adult home, and nursing facilities.

master of social work (MSW) --- This licensed professional assesses the social and emotional factors impeding the client/patient's ability to cope with problems of daily living. Counsels and assists clients/patients and their families to understand and follow a medical treatment plan. Provides services to restore optimum health and social adjustment.

nutritional education--- Provides nutritional services to the client/patient as prescribed by their physician, including nutrition assessment, and counseling to meet normal and therapeutic needs.

occupational therapy (OT) --- Performs diagnostic tests, measurements, and evaluations, such as mobility of joints, strength and endurance of muscles. Initiates and applies appropriate prevention, therapeutic and rehabilitative occupational therapy procedures and techniques.

personal care aide (PCA)--- Trained paraprofessionals assist sick or disabled individuals with personal care and homemaking tasks.

physical therapist (PT)--- Performs diagnostic tests and evaluations, such as joint mobility, stability and appearance of walking, strength and muscle endurance.

rehabilitation services--- Programs carried out in the home and individually designed for clients/patients with traumatic brain injury, strokes, multiple congenital anomalies, multiple sclerosis, muscular dystrophy, Lou Gehrig's disease, encephalitis, and severe arthritis, among others. Treatment addresses physical, mental, social, economic and behavioral needs to prevent acute illness, restore maximum function and move to client/patient toward the least restrictive environment.

registered nurse (RN) ---Performs all nursing functions including the most highly technical procedures, such as caring for clients/patients on ventilators or providing home infusion therapy. Performs client/patient assessments, initiates nursing services, and makes appropriate referrals. Takes the role of a case manager in a certified agency.

respiratory therapist (RT)--- Employs specific testing techniques to assist in diagnosis, monitoring, and treatment of those with respiratory problems. Provides respiratory rehabilitation, appropriate instruction, and supportive counseling for the client/patient and family until the optimum recovery level is achieved.

respite --- Short term services provided in the home or in a facility designed to give the caregiver a break from care responsibilities. This allows caregivers time to take a vacation, attend to business, clean house, sleep, or perform other activities. May include nursing, personal care, meals, personal emergency response system, and community services.

shopper service---Agency workers visit a client/patient's home to help prepare a grocery list. Shopper visits the grocery store

and returns all purchases to the clients/patient's residence. Some assistance is available to put supplies away.

Arrangements can be made regarding handling of client/patient money, food stamps or checks, payment of utility bills, prescriptions and other banking needs.

sleepover--- Services provided overnight in an eight hour or longer shift while the client/patient or family sleeps.

speech therapy--- Assesses and evaluates client/patient's need for speech, language and/or audiology services. Initiates and applies appropriate preventive, therapeutic and rehabilitative procedures and techniques.

twenty-four-hour care---Services that are provided "around-the-clock."

twenty-four-hour on-call---Availability of staff 24 hours a day, seven days a week to screen calls, coordinate or provide services as necessary.

SECTION 3: LONG-TERM CARE GLOSSARY

Introduction

This section provides generic descriptions of various long-term care options.

Long-Term Care Options

Many long-term care alternatives and services are available for elders. Before choosing what is right for you or a family member, it is important to understand the various levels of care associated in providing such services. Though families often go to great lengths in caring for aged loved ones, they may not be able to provide the best physical and emotional care without experiencing undue emotion, physical, or financial stress. When a person must decide the best alternative arrangement for meeting personal and health care needs, the following options are available:

Glossary

adult care facility (ACF)--- 24 hour supervised living provides assistance with personal care (bathing, dressing, grooming); monitors residents' medications and physical/social needs. Three meals a day are included.

adult day care--- Provides supervised daily programs outside the home, including group and individual activities, nutritional meals, and companionship. Different programs may provide services such as nursing.

assisted living--- Provides an environment that is less restrictive at a more affordable price by combining the services of an adult care facility and licensed home care agency. Services, which may include acute and long-term home care, are based on each individual's health care needs.

enriched living---Offered to residents who need basic support services such as housekeeping, laundry, meals, etc.

family-type home for adults (FTHA)--- New York certified home providing long-term residential care, including room, board, personal care, and supervision, for one to four adults unrelated to the operator.

home health care---Services ranging from personal care assistance to nursing services to physical therapy are provided in the home by qualified home health care agencies.

independent living---Provides apartment living for well elderly. Handicap accessible. Safety devices grab bars, emergency call bells frequently provided. Residents care for self and apartment.

residential care facilities---Provides room and board. In addition may offer social, recreational and spiritual programs, housekeeping, and emergency response systems.

respite care--- Provides temporary supportive care in a nursing facility or adult care facility for those who normally live in the community, but whose caregivers need relief (also known as short-term schedule care).

skilled nursing facility (SNF)--- Provides intensive medical care, rehabilitative programs, and other specialized services under the supervision of an interdisciplinary care team for chronically ill and disabled elders.

SECTION 4: LEGAL GLOSSARY

Introduction

It is becoming increasingly clear that elderly people have very specific needs. It is also clear that there are some special legal concerns for those who provide care (caregivers) for the elderly. The following is a brief list of some of the terms that elderly people and their caregivers might find useful in working through their special legal needs.

alternative decision-making--- Elderly people are often in need of someone to assist them in making decisions. There are several ways to make another the “legal decision-maker” for oneself, including: a) guardianship, b) representative payeeship, c) durable power of attorney, and d) trust agreements.

durable power of attorney--- A document signed by an individual in which he or she appoints another to serve as his or her agent. This lasts beyond disability or incapacity. A person does not forgo any of his or her legal rights by signing a **DPOA**. The document can be modified or revoked at any time prior to disability or incapacity. It is a very useful document because it allows the “incapacitated” to make his or her own decisions to the extent possible. It also gives the “incapacitated” person a choice in who will serve as the alternate decision maker. A Durable Power of Attorney can be signed only when one is “competent” to do so. It is very important to consider naming an alternate agent in the event that the first agent predeceases the protected person. The document must be notarized. Two witnesses are recommended as well.

guardianship--- This is the most restrictive form of alternative decision making, requiring a court order. The guardian must report annually to the court. The “ward” (person subject to the guardianship) loses all of his or her rights, and is not considered competent to make decisions. The person

requesting the guardianship must prove by clear and convincing evidence that the proposed ward is not competent.

living will--- A document signed by an individual in which he or she expresses what his or her desires are in the event of a terminal illness or irreversible coma. It should be notarized and witnessed, and can be included in a Durable Power of Attorney.

medical durable power of attorney--- Same as a Durable Power of Attorney except specifically designed for medical decision making.

representative payeeship--- A representative payee is a person appointed by the Social Security Administration to handle all of the protected person’s Social Security affairs. In order to be appointed, a person must file an application with the Social Security office and have medical verification that the protected person is not capable of handling his or her own Social Security matters.

springing durable power of attorney--- Same as the durable power of attorney except that it becomes effective upon disability or incapacity. A definition of disability or capacity must be included in the document.

trust--- A legal entity in itself, capable of owning property. A trust is managed by a trustee for the benefit of another (beneficiary). It is possible to be your own trustee. A trust is most often used for estate planning purposes or to protect the assets of another. It is sometimes used by people who want to ensure that they will be cared for in later years. Can be a good estate planning tool; however, can be more costly than a will or probate, depending upon the size of the estate involved.

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EVALUATION FORM

The Saratoga County Long Term Care Services Directory, Fifth Edition

We hope that you find the Services Directory informative and easy to use. We would like to hear your comments, concerns, and suggestions regarding this and future editions of the Directory. Please take a few minutes to complete this evaluation form. Then, simply remove it from the directory and either fax it to us at 884-4104, or mail it back to us. Thank you for your time and interest in the Services Directory.

I found this directory:

- ☐ very helpful
- ☐ somewhat helpful
- ☐ not helpful

I found this directory:

- ☐ very easy to use
- ☐ somewhat easy to use
- ☐ difficult to use

In future editions, I would like to see more: _____

In future editions, I would like to see less: _____

My overall comments/suggestions are: _____

THANK YOU.